

WEEKLY ACTIVITY BOXES

MONDAY	MATERIALS NEEDED:
Focus on beading, stringing and you child's fine-motor skills. With your child, have them string the cereal one by one. Tie it around their neck like a necklace and now it's edible!	Skinny string or fishing wire Fruit Loops or Apple Jacks *Put cereal inside a Ziploc bag, and then place with string inside activity box; let child do on own.
TUESDAY	MATERIALS NEEDED:
Practice the concept of "on and off" and "twist and turn." This activity also helps strengthen a child's fine-motor skills and hand abilities.	Child cups with lids. The plastic Sippy cups with easy lids that go on and off are preferable, but any will do. Twist lid cups are okay too. *Put inside box, let child do.
WEDNESDAY	MATERIALS NEEDED:
While working on strengthening you child's fingers, for future writing and pencil grasp purposes, have them tear up pieces of tortilla and transfer them into a bowl. Easy, yet totally for independence.	Flour tortillas and a medium sized bowl *Put inside the box, explain to your child what to do, let them go and learn!

<p>THURSDAY</p>	<p>MATERIALS NEEDED:</p>
<p>Draw with cause and effect! Have your child practice grasping and coloring. Then discovering what happens when water is sprayed on it. This activity will teach them the concept of "cause and effect." Have your child color with the chalk on the black paper, and then lightly spray the water to watch what happens to the chalk. Easy enough for them to do on own so you can continue your "day's duties"</p>	<p>Black construction paper White chalk Small spray bottle with water</p> <p>*Let your child explore and do independently with these materials inside the activity box, after you have explained the directions to them.</p>
<p>FRIDAY</p>	<p>MATERIALS NEEDED:</p>
<p>Counting and Clipping</p> <p>To begin, trace both of your child's hands on the piece of paper. Cut both out. You should have one right and one left hand of your child. Then, let them use clothespins or some form of "clips." Have them clip on to each of the paper fingers, and count each while doing. This helps with fine-motor skills and also helps them to understand the concept of 10.</p>	<p>White sheet of paper Pencil to trace Scissors (for you to cut with) 10 Clothespins or 10 clips</p> <p>*Trace and cut out hands before hand. Put the paper hands and clips in the activity box. Then let child explore and do after you have explained the directions.</p>