

Helper sticks



Love N Learn At Home

- On 7 Popsicle sticks, write down "helper tasks" your child could do at home for you. Choose the ones that are developmentally appropriate for your child to actually be able to help with. "Helper tasks" per age group is as follows:

Toddlers:

1. Sweep the floor.
2. Clean up toys.
3. Put laundry in washing machine or dryer.
4. Put away clean silverware (no knives) from dishwasher.
5. Wipe down the table.
6. Shake out a rug outside.
7. Wipe down a low window.
8. Make the bed.
9. Water the plants.
10. Feed the pets.
11. Clean their bedroom.

Preschooler and up:

1. Same as toddler listed ones.
2. Vacuum one room in the house.
3. Mop the kitchen.
4. Organize their closet.
5. Wipe down the bathroom sink.
6. Scrubber brush the toilet.
7. Wipe down furniture in the house; dusting.
8. Help prepare dinner.
9. Help cook dinner.
10. Sweep the outside porch.
11. Take out the trash.

Every morning after breakfast, let your child "pick a stick" and you read to them what "helper task" it says to complete. For older children, allow them to read it out loud to you. Encourage child to complete that task for the day; with your help and guidance as necessary. Have them put the stick back and re-draw a stick again the next morning, all week long!