

How do infants learn?

THROUGH THEIR SENSES; hearing, seeing, touching, tasting, and smelling.
5 EASY AND NO COST WAYS TO TEACH your infant!

1. Seeing: Go outside with your child, look at all of the nature around you. Ask or tell your child what you see; trees, grass, flowers, clouds, sun, sky, bushes, cars, bugs, roads, people, rocks, sticks, leaves, sand, water, mountains, hills, and rain could all be possible options dependent on what area you live in. Enjoy the sight of nature, and teach beginning words to your infant/toddler this way.

2. Hearing: Get out the pots and pans and wooden spoons in your kitchen. Let your infant and/or toddler bang on them, making beautiful loud music! Sing some songs as a background "tune" such as "the itsy bitsy spider" or "ABC's" Watch as your child will have fun and listen along!

3. Tasting: Let your infant and/or toddler try something new. Watch their reactions to the taste of it. The best, a lemon and a pickle! You will sure get a funny reaction out of those!

4. Touching: Put the following items in a brown paper bag: cotton ball, rock, wash cloth, small piece of foil and/or plastic wrap, a large leaf, and a hair brush. Pulling one item out at a time from the bag, talk with your child about how it feels; rough, soft, hard, crunchy, thick, thin, sharp edges, silky, or smooth?

5. Smelling: Get a few different scented lotions. Hold them under your infant and/or toddlers noses. Allow them to learn by just being introduced to the different smells and building knowledge using real-life tactics! *Use caution by only holding the bottles under your child(s) noses, do not allow to eat or touch any part of the lotion. Supervise at all times.