



Letter of the week "Zz"

Weekly Lessons & Activities

Monday: Complete the "Art food sensory" letter activity; let your child finger paint with Zesty Italian dressing on the letter Zz printable sheet

Tuesday: Complete the letter Zz activity

Wednesday: Read the eStorybook letter Zz with/to your child

Thursday: Explore letter Zz objects

Friday: Complete the letter Zz word list and tracer page

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Extension Activities and Resources

Assessment Rubric: At the end of every letter unit. For parents to keep track of their child's learning for each activity completed. This is an easy way to manage the skills they have mastered, and those they need to continue to work on with their parent.

Music: Letter Zz Song & Rhyme (for music and movement)

Infant Activity: Letter Zz exploration to build sensory development in infants.

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Monday: Complete the "Art food sensory" letter activity; let your child finger paint with Zesty Italian dressing on the letter Zz printable sheet

[Print letter Zz sheet](#)

Milestones:

Child builds fine-motor skills through finger painting

Child builds language and letter awareness

Child explores through textile learning



Z is for Zesty Italian Dressing.

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Tuesday: Complete the letter Zz activity

Activity Procedures:

ZIPPER practice! Take out any articles of clothing, purses, or items around the house that have zippers on them. Sit on the floor with your child and have them practice zipping up and down using their fingers. Now hand them a Ziploc bag. Have child open it, & zip it up tight. Put food in it such as crackers, & after they have zipped it up, turn the bag upside down to make sure your child's "zipping skills" have been mastered!

Milestones:

The child builds fine-motor skills through zipping and un-zipping items.

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Wednesday: Read the eStorybook letter Zz with/to your child

* Print and read it to your child, OR have your child sit in your lap and read it with you from the computer screen

Letter "Zz" eStorybook
(print link on website)

Milestones:

Child builds early reading readiness through storytelling and picture-word association

Child builds language and letter awareness

Child builds listening skills

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Thursday: Explore letter Zz objects.

How to Teach: Discuss each of these objects in detail, describing them to your child, saying the name of it and asking your child to tell you what letter it starts with.

[Objects List](#)

Milestones:

Child uses senses to explore "Zz" objects

Child builds comprehension skills

Child builds letter-sound awareness through words that begin with that letter

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You can choose any or all of the objects listed below to explore and teach your child. If you have other objects around your home that begin with the letter Zz, use them to explore and teach your child with.

Objects List:

Zippers Zoom! Zoom! (toy cars)

Zip-loc bags

Zoo animals (toy ones)

A picture of a Zebra (or color black and white lines on a piece of paper to imitate a Zebra's colored patterns to teach child)

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Friday: Complete the letter Zz word list and tracer page.

[Tracer Page Printable](#)

[Word List](#)

Milestones:

Child builds early reading readiness through word recognition and beginning letters

The child builds fine-motor skills through tracing letters

The child begins to recognize letter Zz

Z z Z z Z z

Z z Z z Z z

Z z Z z Z z

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Go through this word list with your child. Write out each of the words individually on strips of white paper.

How to Teach: Spell out each word together, point to the letters as you do so (have child point with you), and after it is spelled out, have child repeat and say the full word out loud. You can draw a small picture of the larger words (nouns) next to the word written out to help with reading skills and recognition.

Word List:

zip

zit

zoo

zap

zebra

zipper

zoom

Assessment Rubric:

Fill out after completion of each daily lesson. Check the box that is accurate to the learning of your child for each activity. If you checked "some" or "no" understanding; you **must** revisit those concepts with your child at another time for learning to occur and "full understanding" to be mastered.

Activity:	Food Sensory Art	Letter Activity	eStorybook	Objects list	Word list & Tracer pages
Child participates					
Child shows no under- standing					
Child shows some under- standing					
Child shows full under- standing					

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Song and Rhyme

(Sung to the tune of "If you're Happy and you know it")

Have your child sing and do the action word that is underlined.

If you love the letter Z then zip.

If you love the letter Z then zip.

If you love the letter Z then zip up your lips (use your fingers and pretend to zip up your mouth)

If you love the letter Z then zip.

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Infant Activity

Materials needed:

Zippers (on clothing, purses, bags, or suitcases)

What to teach:

Sit on the floor with your infant and place items with zippers in front of you both. Teach and show your infant how to open and close items with zippers. While you show, say the words in a pattern-like fashion while doing the actions: "open and close, up and down." Encourage your infant to grab the zipper and try to pull it down (easier at this age to pull, then trying to push zipper up).

Milestones to meet:

Concept of open and close, and up and down

Fine-motor skills

Hand-eye coordination