



# Letter of the week "Mm"

## Weekly Lessons & Activities

Monday: Complete the "Art food sensory" letter activity; let your child finger paint with mustard and mayo on the letter Mm printable sheet

Tuesday: Complete the letter Mm activity

Wednesday: Read the eStorybook letter Mm with/to your child

Thursday: Explore letter Mm objects

Friday: Complete the letter Mm word list and tracer page

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## Extension Activities and Resources

Assessment Rubric: At the end of every letter unit. For parents to keep track of their child's learning for each activity completed. This is an easy way to manage the skills they have mastered, and those they need to continue to work on with their parent.

Music: Letter Mm Song & Rhyme (for music and movement)

Infant Activity: Letter Mm exploration to build sensory development in infants.

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Monday: Complete the "Art food sensory" letter activity; let your child finger paint with mustard and mayo on the letter Mm printable sheet

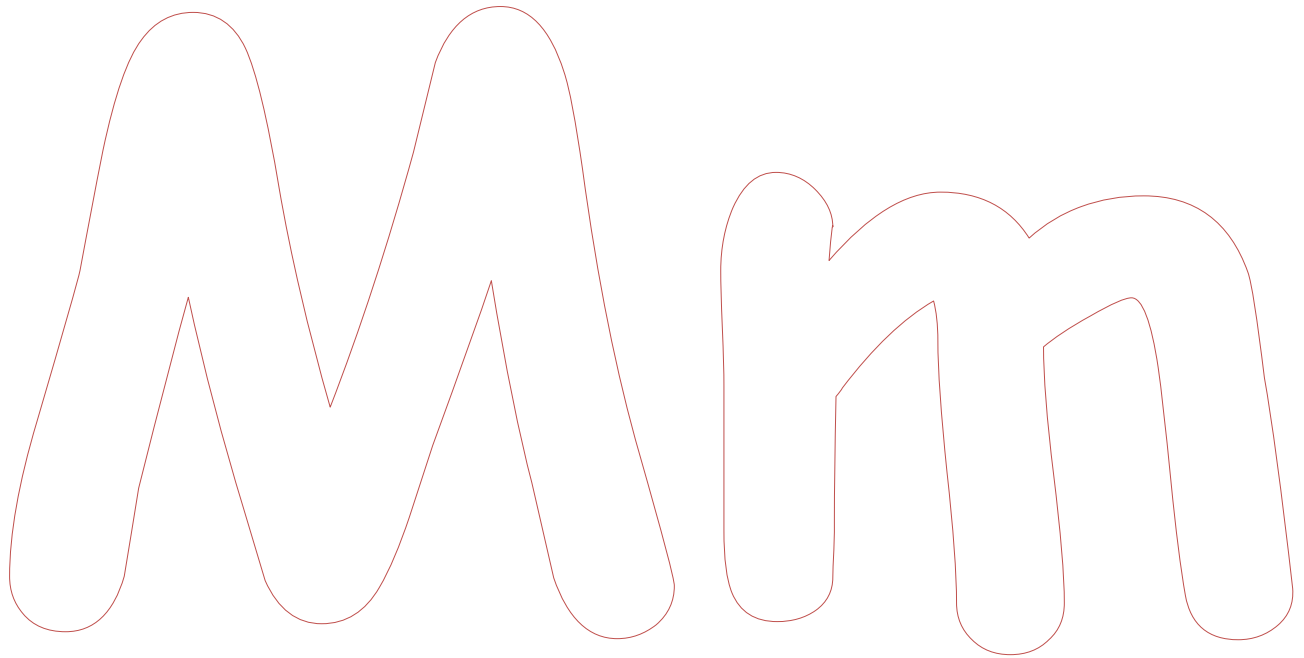
[Print letter Mm sheet](#)

## Milestones:

Child builds fine-motor skills through finger painting

Child builds language and letter awareness

Child explores through textile learning



M is for Mustard and Mayo.

# Letter of the week "Mm"

Tuesday: Complete the letter Mm activity

## Activity Procedures:

Focus on "ME" (your child and themselves). Show them pictures of themselves, discuss with them and ask questions about what they're doing, where they are, and who they're with. Next, on a white sheet of paper, have child draw a picture of themselves. You can draw a picture and ask them to "imitate" your drawing. Talk with your child about what they like, what are their favorites, and things they don't like.

## Milestones:

The child gains self-awareness & identity.

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Wednesday: Read the eStorybook letter Mm with/to your child

\* Print and read it to your child, OR have your child sit in your lap and read it with you from the computer screen

Letter "Mm" eStorybook  
(print link on website)

## Milestones:

Child builds early reading readiness through storytelling and picture-word association

Child builds language and letter awareness

Child builds listening skills

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Thursday: Explore letter Mm objects.

**How to Teach:** Discuss each of these objects in detail, describing them to your child, saying the name of it and asking your child to tell you what letter it starts with.

## [Objects List](#)

### Milestones:

Child uses senses to explore "Mm" objects

Child builds comprehension skills

Child builds letter-sound awareness through words that begin with that letter



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You can choose any or all of the objects listed below to explore and teach your child. If you have other objects around your home that begin with the letter Mm, use them to explore and teach your child with.

## Objects List:

Money

Markers

Milk

Marbles

Mustard

Magazines

Mayo

Music

Mirrors

Marshmallows

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Friday: Complete the letter Mm word list and tracer page.

[Tracer Page Printable](#)

[Word List](#)

## Milestones:

Child builds early reading readiness through word recognition and beginning letters

The child builds fine-motor skills through tracing letters

The child begins to recognize letter Mm

Mm Mm

Mm Mm

Mm Mm

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Go through this word list with your child. Write out each of the words individually on strips of white paper.

How to Teach: Spell out each word together, point to the letters as you do so (have child point with you), and after it is spelled out, have child repeat and say the full word out loud. You can draw a small picture of the larger words (nouns) next to the word written out to help with reading skills and recognition.

## Word List:

me

mat

my

mad

made

make

mud

maybe

mark

mug

might

more

miss

must

May

move

# Assessment Rubric:

Fill out after completion of each daily lesson. Check the box that is accurate to the learning of your child for each activity. If you checked "some" or "no" understanding; you **must** revisit those concepts with your child at another time for learning to occur and "full understanding" to be mastered.

<b>Activity:</b>	Food Sensory Art	Letter Activity	eStorybook	Objects list	Word list & Tracer pages
Child participates					
Child shows <b>no</b> understanding					
Child shows <b>some</b> understanding					
Child shows <b>full</b> understanding					

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## Song and Rhyme

(Sung to the tune of "If you're Happy and you know it")

Have your child sing and do the action word that is underlined.

**If you love the letter M then march.**

**If you love the letter M then march.**

**If you love the letter M then march 123 (march around the room)**

**If you love the letter M then march.**

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## Infant Activity

### Materials needed:

Music playing

### What to teach:

Turn on the radio or Disney radio music channel on TV and sit with your infant to dance. Move their hands and arms to "make them dance". Pick them up and dance while holding them to the music. Clap your hands, help them clap their hands too. Sing along or make up your own songs!

### Milestones to meet:

Auditory development

Gross-motor skills through dance movements

Kinesthetic awareness