



Letter of the week "Ff"

Weekly Lessons & Activities

Monday: Complete the "Art food sensory" letter activity; gluing flour on the letter Ff printables sheet

Tuesday: Complete the letter Ff activity

Wednesday: Read the eStorybook letter Ff with/to your child

Thursday: Explore letter Ff objects

Friday: Complete the letter Ff word list and tracer page

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Extension Activities and Resources

Assessment Rubric: At the end of every letter unit. For parents to keep track of their child's learning for each activity completed. This is an easy way to manage the skills they have mastered, and those they need to continue to work on with their parent.

Music: Letter Ff Song & Rhyme (for music and movement)

Infant Activity: Letter Ff exploration to build sensory development in infants.

Letter of the week "Ff"

Monday: Complete the "Art food sensory" letter activity; gluing flour on the letter Ff printables sheet. Smear glue on the letter Ff sheet first, then have child take small finger pinches of flour to put on the glue.

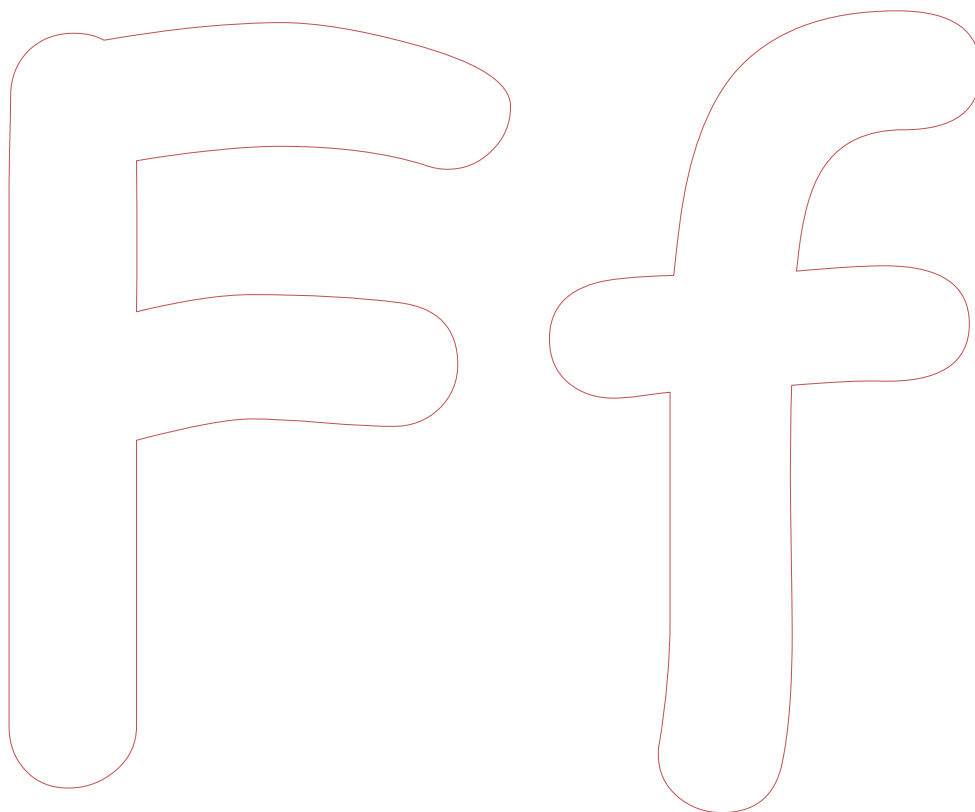
[Print letter Ff sheet](#)

Milestones:

Child builds fine-motor skills through finger painting

Child builds language and letter awareness

Child explores through textile learning



F is for Flour.

Letter of the week "Ff"

Tuesday: Complete the letter Ff activity

Activity Procedures:

Count your fingers to your child (1-10). Now have your child count their own fingers to you. Count both of your fingers all together. (1-20). Teach your child the name of each of the fingers. Using white paper and a pencil or crayon, have your child trace their fingers and hand

Milestones:

The child can count from 1-10 on own.

The child tries to count to 20 on own.

The child can trace their own hand.

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Wednesday: Read the eStorybook letter Ff with/to your child

* Print and read it to your child, OR have your child sit in your lap and read it with you from the computer screen

Letter "Ff" eStorybook
(print link on website)

Milestones:

Child builds early reading readiness through storytelling and picture-word association

Child builds language and letter awareness

Child builds listening skills

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Thursday: Explore letter Ff objects.

How to Teach: Discuss each of these objects in detail, describing them to your child, saying the name of it and asking your child to tell you what letter it starts with.

[Objects List](#)

Milestones:

Child uses senses to explore "Ff" objects

Child builds comprehension skills

Child builds letter-sound awareness through words that begin with that letter

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You can choose any or all of the objects listed below to explore and teach your child. If you have other objects around your home that begin with the letter Ff, use them to explore and teach your child with.

Objects List:

Fingers

Feathers

Foil

GoldFISH crackers

Forks (plastic only)

Flowers

Family pictures

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Friday: Complete the letter Ff word list and tracer page.

[Tracer Page Printable](#)

[Word List](#)

Milestones:

Child builds early reading readiness through word recognition and beginning letters

The child builds fine-motor skills through tracing letters

The child begins to recognize letter Ff

F f F f F f

F f F f F f

F f F f F f

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Go through this word list with your child. Write out each of the words individually on strips of white paper.

How to Teach: Spell out each word together, point to the letters as you do so (have child point with you), and after it is spelled out, have child repeat and say the full word out loud. You can draw a small picture of the larger words (nouns) next to the word written out to help with reading skills and recognition.

Word List:

fan

fat

fit

fun

family

fog

fish

fingers

free

fake

fee

face

Assessment Rubric:

Fill out after completion of each daily lesson. Check the box that is accurate to the learning of your child for each activity. If you checked "some" or "no" understanding; you **must** revisit those concepts with your child at another time for learning to occur and "full understanding" to be mastered.

Activity:	Food Sensory Art	Letter Activity	eStorybook	Objects list	Word list & Tracer pages
Child participates					
Child shows no understanding					
Child shows some understanding					
Child shows full understanding					

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Song and Rhyme

(Sung to the tune of "If you're Happy and you know it")

Have your child sing and do the action word that is underlined.

If you love the letter F then freeze.

If you love the letter F then freeze.

**If you love the letter F then don't move at all
(stop moving and stand/sit still)**

If you love the letter F then freeze.

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Infant Activity

Materials needed:

Feathers (variety of colors)

What to teach:

Place the feathers on the floor in front of your infant. Have them discover and feel using their senses to learn about touch, look, and texture of the feathers. Build language in your infant by using adjectives to describe how they may look and feel. Soft, colorful, furry are some words to use. Hold up feathers and teach the colors of them.

Milestones to meet:

Sensory discovery and exploration

Language development (describing words)

Math skills (colors)