

Objective: The child begins to build hand-eye coordination and fine-motor skills by putting objects into a hole.

Materials needed:

Any object (large enough to avoid choking hazards)

* Big pompom balls (found in any crafts section at the store) OR Big blocks

Container with a hole in the lid large enough for object to be able to fit through/inside

Procedures:

- 1. Using an empty food container with a plastic lid, pre-make a hole in the top large enough for objects to be able to fit through it.
- 2. Put your child in their highchair. Show and model to your child what you want them to do first; while telling them. Pick up an object and put it in the hole. Say: "Put it in. In. Can you do it?"

Putting It In Ages 1 year to 2 years

- 3. Encourage your child to put all of the objects in the hole of the container. Empty it out and let them try again over and over, until they no longer show any interest.
- 4. See this picture example below.





Milestones to meet:

The child can put objects into holes. The child shows hand-eye coordination and fine-motor skills by picking up objects and putting them in holes.

Evaluation:

Did this lesson work for your child? Why or why not?