



Picture Me

Ages 1 year to 2 years

Objective: The child begins to recognize their physical attributes and what they are interested in after being shown pictures.

Materials needed:

Self portraits

Magazine with a lot of toys, foods, sports, hobbies, outside activities, ect (Parents Magazine is great for this. If you do not have a magazine, copy and print out clipart from Microsoft Word of things your child likes/ dislikes or is interested in)

Procedures:

1. Find some photos of your child around the house. If you have a family scrapbook made that would be ideal!
2. Talk about the photos, discussing the details of their face or body. Nose, eyes, mouth, ears, arms, hands, legs, feet, belly, head, hair, and smile. Let them tell you



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What they already know. Since they do not have words yet, they will point and you say what it is for them. They know it, they just can't verbally express it yet, so you are their voice for them!

3. With the magazine (or clipart) pictures, let them look at them and point to show you what they like or don't like. Talk about the pictures, what it is, what they are doing, and describe each in detail to build your child's vocabulary.

Milestones to meet:

The child recognizes their facial features and tries to associate words and/or names to them. The child builds language by pointing and gesturing to pictures of interest.

Evaluation:

Did this lesson work for your child? Why or why not?