



## Paint Fun

### Ages 1 year to 2 years

**Objective:** The child will create with paint using multiple objects to explore.

#### **Materials needed:**

Different color tempera paints (or use colored baby food as a form of paint, for safety reasons)

Different types of items to use as "paint brushes" : toothbrushes, straws, plastic spoons, their fingers, turkey baster, sponges, Q-tips, and real paint brushes

#### **Procedures:**

1. Get in a space that you can cover with newspaper or white paper to avoid a mess. OR Have your child sit in their highchair.
2. Put a bib on your child, or let them paint in just a diaper or wear old clothing!
3. Allow for them to get messy and be creative on their own!
4. Put a small amount of one color paint on the tray.



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Rotate colors out frequently, but limiting to one color at a time for your child. Teach each of the colors name to your child.

5. Give them one object on the list above of "paint brushes" at a time to grasp and use. Rotate out.
6. Parent can make shapes or letters with the paint colors and their fingers, to teach and show their child on the tray. Say the letter and shape you make to build language awareness.
7. At the end, put two different colors on the tray and let them mix it with their hands and smear it on the tray. This will be their favorite part! Say which two colors the child may see, and the new color it makes after mixed together!

### **Milestones to meet:**

The child shows a creative willingness. The child learns their colors.

### **Evaluation:**

Did this lesson work for your child? Why or why not?