



# Colors

## Ages 1 year—2 years

**Objective:** The child can begin to recognize different colors after being shown them.

### **Materials needed:**

Empty water bottles

Food coloring (primary colors)

Primary colors washable finger paint

### **Procedures**

1. Mix together each food color to one bottle of water (half full). You should have a bottle of water for each of the primary colors: red, blue, yellow, and green.
2. Super glue the lids of the water bottles so they can not open or spill out.
3. Let the child shake them and play.
4. As they are exploring the bottles, say the colors they see in each bottle.
5. Next, sit your child in their highchair with no shirt or old clothing, for it may get messy!



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5. This kind of activity just allows a young child to recognize that there are colors. Saying the colors names helps with early language association development.

6. You can also take the primary colors in washable finger paint. Paint one color at a time on your child's index finger and put on the highchair tray to show. Say the name of that color to your child. This helps with touch-learn experiences! Wipe finger clean and do another color to show and teach on the tray.

### **Milestones to meet:**

The child discovers different colors. The child begins to learn their colors.

### **Evaluation:**

Did this lesson work for your child? Why or why not?