



Outside Exploration

Ages 1 year to 2 years

Objective: The child will explore outside nature while using their senses.

Materials needed:

You and your baby

Outside (with a lot of nature for exploration)

A brown paper bag or Ziploc Bag

Procedures:

1. Hand your child their bag. Find a good place outside to explore all sorts of things.
2. Look for things like rocks, sticks, leaves, grass, dirt, flowers, and bugs.
3. As you explore, have your child collect the items and put them in the bags. You may need to help assist. Of course you will not be able to collect the bugs, they are just for sight-seeing!



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Make sure you say the names of each item you find to help associate for building early language development.

4. Let your child explore on their own. See what they can find. Put them in the bags. If they point to things, help them to understand what they are recognizing with language and saying what it is they are pointing at.

5. When you go back inside, put all of the items on the highchair. Have your child feel and look at all of the nature. Repeat what each item is you found and use verbs to describe them.

Milestones to meet:

The child uses their senses to associate items in nature to their prior knowledge.

Evaluation:

Did this lesson work for your child? Why or why not?