



# Touch, Discover, & See

## 2 years to 3 years

**Objective:** The child is able to use all 5 of their senses to learn, discover, and explore objects.

### Materials needed:

Brown paper bag

The following sensory items:

- \* 1 sock - (sense of touch)
- \* 1 bar of scented soap (or baby lotion bottle) - (sense of smell)
- \* 1 picture of your child - (sense of sight)
- \* 1 rattle or noise maker - (sense of hearing)
- \* 1 food item such as a cracker or banana - (sense of taste)

### Procedures:

1. Put all of the following 5 items inside the brown bag before the lesson.
2. Sit on the floor with your child.
3. Point to each of their body parts and say the sense that part is used for. Such as: Point to your child's nose and say "smell" and point to your child's eyes and say "see", And so forth.



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4. Now reach inside the bag and pull out one of the items. Ask what the name of that item is to your child. (i.e. "Can you tell me what this is?")

5. Hand them the object, let them feel and discover it observing the sense they use to do so.

6. Now teach child what sense they are suppose to use discovering that object. Such as: if you pulled out a banana, have them taste it; if you pulled out a sock, have them feel it; if you pulled out a picture of themselves, have them tell you who it is; if you pulled out the soap (or lotion) have them smell it; if you pulled out the noise maker, have them make noises and sounds with it.

7. Continue pulling out one object at a time, asking your child to say the name of it to you, allowing them to discover it on their own, and teaching the items sensory purpose to your child.

8. Repeat this until all objects in the bag have been pulled out and taught this same way.



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### **Milestones to meet:**

The child uses all 5 of their senses to learn and discover objects. The child can touch an object. The child can taste an object. The child can smell an object. The child can hear sounds an object makes. The child can see an object and recognize it by saying the name of it to you.

### **Evaluation:**

Did this lesson work for your child? Why or why not?